

Name _____

Period _____

Week of _____ - _____

A 45-60 minutes [225-300 min weekly]

B 30-45 minutes [150-225 min weekly]

C 15-30 minutes [75-150 min weekly]

D 0-15 minutes [0-75 min weekly]

F No Report/Submission

Day	Activity (List all)	Time (each activity)	Total Time
<i>Monday</i>			
<i>Tuesday</i>			
<i>Wednesday</i>			
<i>Thursday</i>			
<i>Friday</i>			
Week			<hr/> Total Minutes